



# Here for Hart Bulletin

Spring 2026, Issue 21



This quarterly bulletin is to keep local community partners up to date with community services in Hart. It is intended to be used for organisations like yours to pass relevant information onto their clients as needed.

Here for Hart is a programme coordinated by Hart District Council. It is the umbrella under which we work with our partners and communities to help people stay well, feel included, and be supported through the challenges they face.

You can contact us or request to be added to the distribution list at [hereforhart@hart.gov.uk](mailto:hereforhart@hart.gov.uk)

For printed copies of this bulletin please email [hereforhart@hart.gov.uk](mailto:hereforhart@hart.gov.uk)

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**When clicking on links** you may find it better to right-click and select 'Open link in new tab' or 'Open link in new window'. That way you won't have to click back to the main bulletin each time.

## Hart District Council – Communities Team Updates

### Community Partnerships and Projects Plan 2026

It's that time of year when we at Hart District Council begin planning and communicating our priorities and objectives for the year ahead.

This year, the Community Partnerships and Projects Team is preparing in earnest for Local Government Reorganisation (LGR), with a government decision expected very soon. As a council, we are extremely proud of Here for Hart and want to ensure it leaves a strong legacy for our partners as we transition into a new unitary authority. With this in mind, we are asking for your support in helping us shape the future of Here for Hart, so that we can provide you with the best possible platform for continued success once Hart District Council is no longer in place.

We remain committed to supporting our partner organisations through the changes ahead, and we encourage you to keep sharing your feedback on how we can best help you navigate this period. You can reach us at any time, with your questions, concerns, thoughts and feedback at [hereforhart@hart.go.uk](mailto:hereforhart@hart.go.uk)

Our vision is to grow and strengthen Here for Hart as a powerful collaboration model for local organisations while deepening its connection with our residents. By raising its profile, expanding its membership, and making the initiative more resident-focused, we hope to reinforce these partnerships and increase awareness and engagement across the wider community.

As we look ahead to our priorities and objectives for the coming year, here are our key workstreams, overarching health and wellbeing goals and objectives for 2026/2027

We look forward to exploring new and exciting ways to work with you over the coming year. As always, thank you for your continued support and dedication.

### Community Partnerships & Projects (CPP) Workstreams

Supporting the Community Directorate	Armed Forces
Health and Wellbeing	Older People
Here for Hart	Children, Young People and Families
Employment and Skills	Unpaid Carers
Refugee Workstream	Awareness and Marketing
Community Grants	

## Our Priorities

### 1. Active lives

Public Health England data shows the clear benefits to health and wellbeing of being active. It reduces the risks of a wide range of life-threatening illnesses as well as improving people's mental health and slowing cognitive decline.

### 2. Preventing poor health

Good health at every life stage improves wellbeing and reduces inequalities. Many major conditions—including dementia, Type 2 diabetes, heart disease, and some cancers—can be prevented or delayed through exercise, healthy weight, not smoking, limiting alcohol, and reducing risks like depression, social isolation, and high cholesterol. Mental and financial health are closely linked, with each affecting the other

### 3. Access to support and information

Hart benefits from a large number of local groups and services supporting residents' health and wellbeing. However, continued promotion is needed to reach different communities, especially as those who are not online, face significant barriers to information, services and social connection.

## Priorities and Objectives

<b>Supporting the Community Directorate</b> <ul style="list-style-type: none"><li>• Remodelling Heathlands Court</li><li>• Assist in LGR support activities (HDC auditing and neighbourhood governance)</li><li>• Manage and monitor the local delivery of the Domestic Abuse contract</li></ul>	<b>Employment and Skills</b> <ul style="list-style-type: none"><li>• Deliver 3rd Job Fair</li><li>• Targeted SEEDL campaigns for residents</li><li>• Explore expanding SEEDL to include job opportunities board</li></ul>
<b>Health and Wellbeing</b> <ul style="list-style-type: none"><li>• Review and update wider determinates of health and wellbeing with available data sets</li><li>• Deliver targeted Health Fairs and health talks in partnership with PCNs</li></ul>	<b>Here for Hart</b> <ul style="list-style-type: none"><li>• Consult H4H organisations on strategy and future model</li><li>• Focus on delivery and awareness to residents</li><li>• Deliver events designed to increase visibility of H4H initiative to both local organisations and residents</li></ul>

### Older Adults

- Assist HCC in the production of Dementia Support and Prevention Awareness Strategy
- Extend the reach of the Older Adults Forum, including specialist guest speakers
- Falls prevention awareness training and delivery

### Armed Forces

- Assist Rushmoor with planning and delivery of the Armed Forces Covenant Conference
- Assist in the planning of the military convoy through Fleet on Armed Forces Day
- Assist Rushmoor with planning and delivery of the Armed Forces Day celebrations
- All staff training in the AFC

### Children, Young People and Families

- Assist in the development of HCC's Best Start Family Hubs
- Targeted school support
- Ensure LCP and CYPF work is aligned and ready for LGR

### Refugee Support

- Assist in discussions with Clearsprings Ready Homes regarding placements of refugees
- Become integral members of the SE Migration Partnership

### Unpaid carer support

- Identify new young carers and support of existing young carer organisation
- Review and research expansion of the Carers organisation communication tool

### Marketing and awareness

- Redesign Health & Wellbeing website pages
- Increase awareness of the Cost of Living Hub
- Additional marketing and awareness for digitally excluded residents

### Community Grants

- New Hart wide Community Grant (as yet un-named!)
  - £400,40 over 2 years
  - launching July 2026
  - Min £40,000 ringfenced for C&YP wellbeing
- Cost of Living
  - £50,000
  - Launching Sept/Oct 26

## **The Here for Hart Directory has had a refresh!**

You may have noticed that the **Here for Hart Directory** has recently had a refresh.

We've updated the design to give it a more professional, user-friendly look that makes it easier for residents and professionals to find the support they need.

You can take a look at the updated site here: [Here for Hart Directory](https://www.hereforhartdirectory.org.uk)

### **What is the Here for Hart Directory?**

The directory was created for organisations like yours. Its purpose is to help you promote your services, increase visibility, and reach more Hart residents who may benefit from what you offer.

Both residents and professionals use the directory as a single, trusted place to find local support—whether that's when assisting a client, signposting someone to community activities, or helping people stay independent at home.

The directory includes:

- Advice and support services
- Clubs, groups and community activities
- Volunteering opportunities
- Money advice and housing support
- Mental health and wellbeing services
- Disability and carers' support

There are already over 500 listings, and we're keen to continue showcasing the brilliant work our community organisations provide. Have you searched for your own organisation recently?

The directory is a collaboration with Hart District Council and Hart Voluntary Action (HVA).

### **Promote your organisation through the directory**

The more people who know about the directory, the more people will discover your services. We'd really value your help in spreading the word.

To make this as easy as possible, we're putting together a pack of electronic promotional materials which will be ready in the next few weeks. This will include a leaflet, social media post, PowerPoint slide etc.

**Action: If you'd like an electronic promotional pack for the directory, please email [stephanie.king@hart.gov.uk](mailto:stephanie.king@hart.gov.uk) now**



**Job Fair – save the date**



**Join us at our FREE job fair and meet local businesses who work in**



**Digital**



**Care**



**Construction**



**Police**



**Hospitality**



**Marketing**



**IT**



**Armed Forces**

**and support organisations across Hampshire and surrounding areas**

A Here for Hart initiative by Hart District Council in collaboration with the Department for Work and Pensions

## **Hart Climate Change Team: Warm Homes Local Grant**

Please share the below with residents you reach that are on lower incomes and would benefit from a warmer home with lower bills through funded upgrades.



### **What is the Warm Homes Grant**

The Warm Homes Local Grant is managed by the Government's Department for Energy Security & Net Zero (DESNZ) and being delivered locally by a group of Hampshire councils – Hart District Council is part of this group. The grants enable you to have fully funded upgrades to your home, that can help keep you warmer and could reduce your energy bills.

### **What type of upgrades could I get**

Improvements could include cavity wall insulation, low-carbon heating (such as heat pumps), solar panels and battery storage. If you are eligible, this could add up to £30,000 worth of fully-funded upgrades – meaning that you don't need to pay anything.

### **Why should I apply, what will the benefits be?**

- Lower energy bills – insulation and energy efficient systems can help your home hold onto the heat, this results in you using less energy, which can reduce your energy bills
- A warmer, more comfortable home – The improved insulation will mean your home will be warmer in the winter and cooler in the summer
- Better home health – When your home is drier thanks to insulation, it can reduce issues like condensation, damp and mould. Living in a cold home can have a real impact on physical and mental health. Warmer homes support better overall wellbeing, especially for families, older residents and those with existing health conditions.
- Higher property value and reduced repair costs
- Energy efficient improvements can increase the value of the home and cut the need for future repairs caused by cold or damp.
- Lower carbon footprint

Using less energy helps reduce your home's carbon emissions, supporting local climate goals and helping the environment.

### **How do I know if I'm eligible?**

If you are a homeowner or private renter, you can apply for a free home assessment if you answer 'yes' to either of the following:

- Your home has an Energy Performance Certificate (EPC) of D-G and your combined household income is £36,000 or less per year before tax; OR
- Your home has an EPC rating D-G and you are in receipt of certain benefits.

**For more information and to find out if you are eligible call: 0800 038 5737 or visit [www.warmerhomes.org.uk](http://www.warmerhomes.org.uk)**

## Here for Hart Directory – New Entries

The newest entries for this quarter are:



**Women's Institute - Farnborough (WI Flyers)** - group of local women who meet monthly in Cove as part of the 11 WIs in Hart Group. [WI link to directory](#)



**Crookham Nets** – newly formed netball club for juniors and adults who want to play the sport in a fun and friendly environment whilst developing fundamental skills and improving fitness. -[Crookham Nets link to directory](#)



**Yateley & District Gardening Society** – a group that take part in events, horticultural activities and outings. [Directory Link](#)



**REMAP - Farnborough Branch** – a UK charity providing custom-made equipment, free of charge for disabled people. [Directory Link](#)



**Sexual Assault Referral Centres (SARC)** – offer medical, practical and emotional support to anyone who has been raped, sexually assaulted or abused. [Directory Link](#)



**St Mary's Church, Hartley Wintney** – a historic church open on Sunday afternoons and available to hire for events  
<https://hereforhartdirectory.org.uk/record/st-marys-church-hartley-wintney/708>



**Impact Hart** – an online resource for residents, community groups and businesses to take action on climate change  
- <https://hereforhartdirectory.org.uk/record/impact-hart/709>



**Skills Training Hub for Hart Residents** – online training courses for developing knowledge and skills for the workplace, free for residents

[Directory Link](#)

Community organisations like yours that support Hart residents can be listed on the directory – if you know of any missing or that need an update, let us know: [hereforhart@hart.gov.uk](mailto:hereforhart@hart.gov.uk)

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## Here for Hart Partner Updates

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(click on item from contents table to go directly there)

### News for Professionals

#### Have your say – a survey on finding support in Hampshire

The Hampshire Food Alliance (HFA) is inviting Hampshire residents, staff, volunteers, and anyone who supports local communities (excluding the Southampton and Portsmouth council areas) to take part in this short survey. Your insight will help shape how support information about everyday challenges can be strengthened and more easily shared.

Please take part, and share these surveys widely with colleagues, partners, volunteers, residents and the people you support!

**Choose the survey that fits you — or complete both!**

**Residents' Survey — for anyone living in Hampshire**

**[Your Voice Matters! - Help Shape Support in Your Community survey](#)**

We want to hear from people in all circumstances and at every stage of life. Your day-to-day experience, where you look for information and what could make it easier, is essential to improving local support.

**Professionals' Survey — for staff and volunteers in any organisation or sector**

**[Working Together to Improve Access to Support – Share Your Insights survey](#)**

Whether you are frontline or you indirectly support others, your experience provides vital insight into what's working, what isn't, and how we can strengthen early access to help.

Please share across your networks — the more voices we hear, the stronger the outcome for Hampshire

If you require a printable version, please contact me to discuss.

Thank you for taking the time to share your experience. Your contribution will help shape clearer, more inclusive and more effective support for everyone living and working in Hampshire.

**Surveys close on 27 March 2026. [hayley.heinze@hants.gov.uk](mailto:hayley.heinze@hants.gov.uk)**

### Professionals Survey

for paid staff and volunteers in any organisation or sector.



Your insight helps us identify barriers, improve early access to help and understand the challenges that exist.

## **Sexual assault referral centres (SARCs) – Campaign Resources**

These services offer dedicated care and support to anyone who has been raped, sexually assaulted or abused at any time in their life and are available to call 24 hours a day across England. Further information on how SARCs can help and contact details can be found below.

Please support us by sharing campaign materials via your channels. Materials are available for your use at any time, as and when appropriate.

### *Campaign materials*

All campaign materials are available by registering for a free account on the Department of Health and Social Care <https://campaignresources.dhsc.gov.uk/campaigns/turn-to-us-we-are-here-sexual-assault-referral-centres/#:~:text=This%20NHS%20campaign%20aims%20to,experiencing%20sexual%20assault%20or%20abuse>. which includes the following:

- Animations and films
- Campaign posters – male and female representations
- Social media assets – including a new carousel
- Digital screens
- Infographics

### *How SARCs can help*

SARCs provide a range of free specialist care, treatment and support to people of all ages, whatever their sex, sexual orientation or gender identity. This includes; immediate emotional support, medical and forensic examinations, emergency contraception, and testing and assessment for sexually transmitted infections (STIs) and HIV. They can also arrange referrals to sexual health, mental health and sexual violence services as well as support from an independent sexual violence advisor.

Despite these specialist services being available across England, many sexual assault and abuse survivors do not know where to go or who to turn to for help. We also know that some people are put off seeking help due to thinking they need to speak to the police. Help is still available from a SARC without having to talk to the police or report what happened.

### *Getting in touch with a SARC*

Individuals can contact a SARC 24 hours a day, every day of the year, to book an appointment.

**To find your nearest SARC, visit [To find your nearest SARC](#) For more information on help following sexual assault and abuse and SARCs, visit [www.nhs.uk/sarcs](http://www.nhs.uk/sarcs).**

**If you have any questions regarding this or would like a representative from your local SARC to host an information session, please email [england.saasadmin@nhs.net](mailto:england.saasadmin@nhs.net)**

## **Training for professionals – Fire Safety in the Home**

### *Hampshire and Isle of Wight Fire and Rescue Service*

We are pleased to invite professionals to participate in a free 1 hour Fire Safety in the Home Awareness training session.

This training is designed to enhance your knowledge of fire prevention and safety practices within the home and understand what a Home Fire Safety Visit (previously known as a Safe & Well visit) entails, empowering you to better support the people and communities you work with.

#### *Why Attend?*

- Gain essential fire safety knowledge tailored to home environments and individual vulnerabilities
- Learn practical strategies to reduce fire risks and promote safer living conditions
- Enhance your ability to integrate fire safety advice within your professional area
- Learn how to refer clients/patients/service users to HIWFRS for a person-centred Home Fire Safety visit

By taking part, you'll strengthen your own practice and help prevent fire incidents through a partnership approach—saving lives and keeping homes and our communities safer.

To secure your place, kindly click the Eventbrite link below for the date you wish to attend and register yourself for the online training.

#### 'Fire Safety in the Home' Awareness Training for Professionals

Online event

Thursday, 30 April 2026 at 09:30 BST

<https://www.eventbrite.co.uk/e/fire-safety-in-the-home-awareness-training-for-professionals-tickets-1980544825889?aff=oddtcreator>

Tuesday, 12 May 2026 at 09:30 BST

<https://www.eventbrite.co.uk/e/fire-safety-in-the-home-awareness-training-for-professionals-tickets-1980545540025?aff=oddtcreator>

\*Please note – if you have more than 20 people in your team we are happy to come and deliver in-person training. Please email [preventiondevelopment@hantsfire.gov.uk](mailto:preventiondevelopment@hantsfire.gov.uk) to book this in.

**Emergency First Aid at Work Courses - RHL**

# EMERGENCY FIRST AID AT WORK

Get your First Aid Certificate Today

**SATURDAY 25<sup>TH</sup> APRIL**  
**09:30 – 16:30**  
**RHL HEADQUARTERS, ALDERSHOT**

**CONTACT OUR TEAM**  
**01252 957430 OR ADMIN@RHL.ORG.UK**

**£95 per person**

  
Charity N.O  
1105381

**Live Longer Better – Hampshire County Council**

There is a new Live Longer Better Campaign for Strength and Balance. The focus is to challenge the misconception that just walking is enough.

Whether it's gardening, playing with the dog or keeping up with the grandkids – improving strength and balance can help you continue to do the things you love doing.

And the best part? You can do strength and balance activities at home, in just a few minutes – while the kettle boils or during the ad breaks.

Start small, feel stronger and keep living life your way.

Get started today: [Live Longer Better link](#)



## **News and events**

### **Nature spaces in Hampshire: Mobility aids for hire**

The Hampshire Nature and Wellbeing multiagency group are pleased to launch a handy list of local nature spaces where people can hire (low/no cost) off road mobility scooters, making it easier for everyone to get out and enjoy nature's benefits.

You'll find the list here: [nature-spaces-in-hampshire-mobility-aids-for-hire.pdf](#) or by going to the Mental Wellbeing Hampshire Nature page [Feel serene in the green | Health and social care | Hampshire County Council](#) under the 'Be Active and Explore Somewhere New' tab.

Nature is for everyone, and we want to make sure people are aware of this equipment for hire that can help them – or their loved ones - experience the wellbeing benefits of spending time in green spaces.



Please do share the list with service users, staff/volunteer teams, friends and family. We'll update the document periodically, so we recommend using the hyperlink to ensure you're always accessing the most up-to-date version.

We hope you find this useful. Any questions or comments, get in touch [megan.saunders@hants.gov.uk](mailto:megan.saunders@hants.gov.uk)

### **Mental Health Awareness Event**

Hart Rotary Club in partnership with Hart Voluntary Action are putting on a Mental Health Awareness Event aimed at raising awareness about support for 17–30-year-olds – focusing on health, employment, social and wellbeing activity and including support for young adults who are neurodivergent. Young adults and their friends and family are very welcome!

If you would like to have more information about an information display at the event, please get in touch with Caroline at Hart Voluntary Action – [ceo@hartvolaction.org.uk](mailto:ceo@hartvolaction.org.uk)

A dedicated app is being created for the event to provide updated information about speakers/presentations and exhibitors which will also serve as an ongoing resource for young adults living in Hart.

Find out more: <https://www.hart-rotary.org/events/hart-mental-health>



**14th April 2026 • Harlington Centre, Fleet • 12 Noon till 6pm**

**Young Adults (17-30 years)**  
Bringing Mental Health Services, Organisations and Charities  
Serving Hart District, Together

**Worried about yourself or someone you love?  
Come and talk to people who care**

**On The Day:**

- **Stalls** in the Auditorium will provide information and a chance to talk to professionals about all sorts of mental health issues and signpost to what help you need and where to get it
- **Speakers** in the Function Room will talk on various topics including Social Anxiety; OCD; ADHD; Mental Health Practitioners Role in the Community; Practical advice and help for parents
- **Mindfulness Workshop** learn techniques to calm yourself and to help you stay in control
- **Quiet Space** if you need some time-out, chill in the Hub
- **Refreshments** tea, coffee and water will be available throughout the afternoon



**Hart Mental Health App**  
Download to get Full Information on this Event and Mental Health Services in Hart



Rotary Hart



**FREE Admission**

## **Hartland Men's Shed**

Great News. Hartland Men's Shed are pleased to announce that we have agreed terms with Berkeley Homes to lease a new building for our Men's Shed.

Situated close to our current shed, the new building is considerably bigger and when refurbished and fitted out will include a much larger workshop, a lounge, kitchen, clean room and office/committee room.

This will be a welcome improvement as the success of the Shed has resulted in challenges to accommodate the Shedders in the existing Shed.

This new building will be a huge improvement to our existing facilities and provide more space for our Shedders to carry out theirs and the Sheds Projects.

The new building also enables future expansion, and plans include the acquisition of a CNC machine, a 3D printer and further woodworking machines.

The Kitchen and Lounge will provide a pleasant environment for Shedders to relax and enjoy their downtime, as well as just visiting to have tea, biscuits and a chat.

We have also been successful in obtaining a grant from Hart to create a new Garden and Berkeley Homes have included a large area in the lease to enable this. We would welcome new Members who are interested in gardening and will be inviting local groups to participate in the creation and running of the garden to engage the local community.

We are excited at the opportunities the new building will afford and apart from improving the Shed and facilities, the additional space also enables an increase in the number of Shedders that can be accommodated.

As a Charity, we offer long term help and support to promote personal wellbeing and mental health, to men in our area. The Shed affords the opportunity to socialise, make new friends, learn and share skills and work on projects, either personal projects or one of the projects we are engaged to carry out.

Like all Charities we can only keep going with support and donations and if you would like to donate, be it financially or to donate unwanted equipment/tools/materials, please visit our Website below for details.

The shed is located close to the new Hartland Village development in Bramshot Lane and opening hours are 10:00-14:00 Mondays to Thursdays.

You are always welcome to pop in for a chat, tea, biscuits and to see the facilities.

Memberships are currently available for the Shed and new membership for the Garden/Allotment. You can apply or contact us via the Website below for details.

[Hartland Men's Shed website](#)

**Mustard Seed Autism Trust**



**An evening with Viv Dawes, Autistic Advocate**  
**on**  
**Autistic Burnout**

Date: **Thursday 19<sup>th</sup> March**

Time: **7.30pm- 9.30pm**

Venue: **Ash Grange School, GU12 6LX**

Price: **Early Bird - £12 After 15<sup>th</sup> Feb - £15**

*Viv Dawes Autistic Advocate*  
*She, her, they*

Independent, AuDHD, PDA lived experience advocate, consultant, trainer and author.

Over 30 years experience of working with vulnerable people, including as a Snr Practitioner in the NHS and within the criminal justice system.

A popular, dynamic and passionate public speaker, including delivering talks on Autistic & AuDHD burnout at The London Autism and ADHD Show, June 24 and 25.

A consultant for Surrey CCs prison officer autism training (pilot programme).

Founder of the 'Autistic Burnout Network'.

Author of several books on Autistic Burnout inc 'The Young Person's Guide to Autistic Burnout'.

Delivers training for many organisations including the NHS and regularly runs online webinars for neurodivergent individuals, parents and professionals.

Provides 1-1 support for parents and for autistic adults.



Website:

[www.autisticadvocate.co.uk](http://www.autisticadvocate.co.uk)

Email:

[dawesautismadvocate121@gmail.com](mailto:dawesautismadvocate121@gmail.com)

You can also find me on Facebook and Instagram



Profits from this event will support the work of **Mustard Seed Autism Trust**, registered charity: 1202378

Oakley Park

# Friends of Oakley Park

www.oakleypark.org.uk

oakleypark@live.co.uk

**Saturday, April 25<sup>th</sup>**

*Come along and join in 10:00 - 12:00*

**Spring Working Party**

*There are numerous jobs around the park requiring attention from garden fence repairs to controlling invasive species*

**Sunday, May 31<sup>st</sup>**

*09:45am register - 10:30am race start*

**Children's 2k Fun Run**

*Bring the children along for a Fun Run twice around the football pitch and the woodland. Adults are also more than welcome and join in!*

**Sunday, 14th June**

*14:00 – 16:00*

**Concert in the Park  
Farnham Brass Band**

*Come along and enjoy the music, whether for the afternoon or merely a few musical moments.*

*Bring a chair or blanket, or wander around the park whilst the music wafts around you.*

*Tea, coffee and biscuits served throughout; toilets available.  
The concert is free of charge but donations are always appreciated.*

**Saturday 18th July**

*Planning is in full swing for the much-anticipated*

**Friends of Oakley Park Summer Fete**

*Mark your calendars. Opens from midday to 3pm close  
We can't wait to see you there!*

## **Age Concern Hampshire Announces New Foot Clinics to Boost Confidence and Mobility for Older People**



Age Concern Hampshire is set to open new foot care clinics in Kingsclere, Farnborough, Lymington, and Bordon, helping older people stay confident, active, and mobile.

Healthy feet are key to balance and independence, yet many older adults struggle to reach their toes due to arthritis, impaired eyesight, or reduced mobility. Age Concern Hampshire's clinics, run by qualified foot health practitioners, provide toenail cutting and basic foot health checks, helping prevent discomfort, falls, and injuries.

Michele Ralph, Foot Care Coordinator at Age Concern Hampshire, said: *"Our Foot Clinics are about more than just foot care — they help older people feel confident on their feet and maintain their independence. We're committed to making this vital service accessible to everyone who needs it."*

Clinics are available across Hampshire, including Alton, Andover, Basingstoke, Dibden/Hythe, Havant, Hedge End, Locks Heath, New Milton, Odiham, Overton, Petersfield, Ringwood, Tadley, Winchester, and Yateley. The new clinics in Kingsclere, Farnborough, Lymington, and Bordon will open soon.

To book an appointment, call 01962 868545 or visit their website for more information: <https://www.ageconcernhampshire.org.uk/our-services-hampshire/footcare/>.

### Editor's Notes:

Founded in 1985, Age Concern Hampshire provide services to the older community of Hampshire. The charity currently deliver support at their Care & Wellbeing centres throughout the county, as well as Foot Care clinics, Help at Home, Information via their Information Hub, Hospital to Home Services, Community Information Volunteer Services and a variety of other activities. *Its mission is to help people 'Age well and Live well'.*

Age Concern Hampshire Centre Way Locks Heath Southampton SO31 6DX Tel: 01962 868545

Yateley Industries events

Spring Fair – Yateley Industries

**Yateley Industries**  
est 1935

**SPRING FAIR**

**Sunday 29th March**

**11am to 3pm**

**FREE ENTRY  
GIFTS & CRAFTS**

**Yateley Industries for the Disabled Ltd**  
**Mill Lane, Yateley, Hants, GU46 7TF**  
**E [info@yateleyindustries.net](mailto:info@yateleyindustries.net) T 01252 872 337**

An Evening of Sax, Rock & Soul – Yateley Industries

**MC Aaron Phipps MBE**

**Yateley Industries**  
est 1935

**login lounge**

AN EVENING OF  
**Sax, Rock & Soul**

**TUESDAY 26<sup>TH</sup> MAY 2026**  
**THE LOGIN LOUNGE, CAMBERLEY**  
THE ATRIUM, 34 PARK ST, CAMBERLEY, GU15 3PL

**DOORS OPEN 6.30PM**

**FEATURING...**

- 4 IN A BAR** (with image of four saxophone players)
- STATE OF THE ART** (with image of a rock band)
- THE ROYAL SURREY CHOIR** (with image of a choir)

**TICKETS £15**

SCAN TO BOOK TICKETS

Tickets are available to purchase on our website  
[www.yateleyindustries.org/event-details/an-evening-of-sax-rock-soul](http://www.yateleyindustries.org/event-details/an-evening-of-sax-rock-soul)

All proceeds will go to Yateley Industries for the Disabled  
Registered Charity no. 229571

SILVER SPONSOR

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BRONZE SPONSORS

**Ethical Supplies™**

**YATELEY MOTOR SPARES**  
115 Reading Road Yateley GU46 7LR

## **Fleet Phoenix – school uniform**

As we are over halfway through the school year and to help with not having to buy more items to last until the end of the school year, we are having 2 preloved school uniform collection days coming up - this is for collection only, NO donations at the moment.

The collection days for those who need it (this is where you can come and pick items needed). This is a first come first serve basis and we cannot guarantee sizes, colours etc. as it all depends on what donations we receive from our community but will do our best to help.



Please see days and times below:

- Monday 30th March - 12pm - 4pm
- Tuesday 31st March - 3pm - 6pm

Items that are available:

- LOGO items for all Fleet and Church Crookham based schools.
- Plain items (jumpers, polo shirts, shirts, skirts, trousers, shorts etc.)
- School Shoes
- School Bags

Any questions, please let us know.

PLEASE NOTE: The pictures are just for reference and don't show the exact items available but will do our best to help with your requirements.

Donations dates will be coming out later in the year, keep an eye on our social media pages for this information.

## Hampshire Adult Learning in Libraries

What's on offer in your local area this term?

### FREE COURSES:

- **Emergency First Aid** course at Fleet Library on Friday 27 March, 09:45-16:45, FREE COURSE (optional £25 certification fee)
- **Seated Strength & Mobility** course at Aldershot Library on Mondays, 13 April – 29 June, 11:15-12:00, FREE COURSE
- **Introduction to Internet Safety for Beginners** course at Farnborough Library on Tuesdays, 14 April – 19 May, 10:00-12:00, FREE COURSE
- **Peaceful Painting: Acrylics Made Easy** course at Yateley Library on Tuesdays, 28 April – 19 May, 10:00-12:00, FREE COURSE
- **Dance, Stretch & Tone** course at Farnborough Library on Thursdays, 23 April – 2 July, 10:00-10:45, FREE COURSE
- **Expressive Watercolours with Jacky** at Farnborough Library on Fridays, 9 May – 5 June, 10:00-12:00, FREE COURSE
- **Watercolours for Beginners** at Yateley Library on Tuesdays, 9 June – 7 July, 10:00-12:00, FREE COURSE



### PAID FOR COURSES:

- **Wildflower Meadows: Watercolour and Illustration** workshop at Farnborough Library on 27 March, 10:00-12:00, £26
- **Senior Fitness** courses at Aldershot, Fleet and Yateley Libraries, £40
- **Seated Exercise** courses at Aldershot, Fleet, Farnborough, and Yateley Libraries, £40
- **Gentle Fitness** courses at Farnborough Library on Thursdays, 13:30-14:30 and 14:45-15:45, £40

And not forgetting all our other fabulous adult tailored learning courses in the Hart & Rushmoor areas, which can be viewed via our online shop. Many of these courses are free for Hampshire residents. We're always adding new courses and workshops, so do check back regularly and see what is coming up:

[Learning in Libraries – Hampshire County Council Shop \(hants.gov.uk\)](https://hants.gov.uk)

Alternatively, for more information, please email the Learning in Libraries team at: [learninginlibraries@hants.gov.uk](mailto:learninginlibraries@hants.gov.uk) or telephone us on: 02392 232 957.

We look forward to welcoming you on a course soon!

## **Service updates**

### **Sexual assault referral centres (SARCs)**



**If you've been raped or sexually assaulted at any time, NHS sexual assault referral centres (SARCs) are here for you.**

SARCs provide more than just medical care - they also offer immediate emotional support.

They'll listen and care for you in a place that is safe.

**It's always your choice.**  
Including if you want to involve the police.

**For more information or to book an appointment 24/7 visit: [nhs.uk/SARCs](https://nhs.uk/SARCs)**



## **Hart Foodbank & Hart Community Pantry**

Hart Foodbank and Hart Community Pantry help people that are in crisis within the boundaries of Hart. There are four food banks across the district where clients can collect food parcels. They can also collect hygiene products and cleaning items for the home. The food banks are situated in: **Darby Green, Fleet, Odiham and Hook.**



**Please note that people cannot directly self-refer to Hart Foodbank.** They must be referred by an agency such as a Housing Association, Citizens Advice, Job Centre, local schools, GP Surgeries, or Social Prescribers etc.

### **Foodbank Centre Opening Times (and donation points):**

- St Barnabas Church, Darby Green - Mondays and Thursdays 1.30pm-3.00pm
- Fleet Baptist Church - Mondays 1.30pm-3.00pm and Thursdays 11.00am-12.30pm
- Life Church, Centre, Hook - Mondays 11.30am-1.00pm and Thursdays 10.30am-12.00pm
- All Saints Church, Odiham at Deer Park View - Thursdays 1.30pm-3.00pm

*Please note: closed all other days and bank holidays.*

### **Supermarket Donation points (during store opening times) include:**

- Fleet: Waitrose; Morrison's Elvetham Heath; Sainsbury's High Street; Sainsbury's Church Crookham and Co-op Church Crookham
- Odiham: Co-op Odiham High Street
- Hartley Wintney: St John's Church
- Many local churches also have donation points, please check our website for more information.

**The Hart Community Pantry** operates as a 'get more for less' scheme. For just **£5 per visit**, members receive goods of greater value, helping families and individuals, budget more effectively through challenging times.

This includes a selection of fresh fruit and veg, frozen and chilled items as well as store cupboard items, to help with the creation of several meals through the week for your household

Static Pantry Fleet – Monday 12:30pm-3:00pm and Thursday 11:00am-12:30pm located in the car park at Fleet Baptist Church 115 Clarence Road, GU51 3RS

### **Hart Community Mobile Pantry**

The mobile pantry offers a full selection of **frozen, chilled, and ambient goods**, helping to meet diverse needs while reducing food waste and supporting healthier lifestyles.

**Hook** - Thursdays, 10.30am-12.00pm at Life Church Centre, Hook, RG27 9DX

Anyone who lives in Hart District and needs some additional support can join the Hart Community Pantry and Mobile Pantry

Website: [Hart Food bank website](#) Email: [projectsmanager@hartfoodbank.org.uk](mailto:projectsmanager@hartfoodbank.org.uk) or [pantry@hartfoodbank.org.uk](mailto:pantry@hartfoodbank.org.uk) Telephone: 07926 806256

**Important Note: We will be closed on Easter Monday/Bank Holiday - 6 April.**

**Hart Voluntary Action**  
**Family Counselling - HVA**

# DON'T SHOUT TALK IT OUT



**Family life hard? Communication breaking down? Don't understand each other?**

**Family Counselling** is a service that gives families the chance to express and explore their feelings in a safe and non-judgmental environment.

- Up to 6 Family Counselling sessions depending on the need of the family
- Sessions take place in Odiham
- We accept self-referrals and referrals from GP's and other professionals.

**Counselling is a confidential service**



For more information about any of our services and to make a referral visit our website at <https://www.hartvolaction.org.uk/counselling/> or scan the QR code.



**Hart's Community Garden - HVA**

## ...A GARDEN FOR EVERYONE...

Whether you're an avid gardener or happier having a chat over a cuppa, our community garden offers a wide range of activities in a friendly, green environment – there's something for everyone to enjoy.

- ♥ Weekly Gardening Sessions
- ♥ Social Events
- ♥ Creative Workshops
- ♥ Wellbeing Classes

Why not come and join us down at the garden and discover how you too can get involved:



Tel: 01252 815652  
Email: [HCG@hartvolaction.org.uk](mailto:HCG@hartvolaction.org.uk)  
**Hart's Community Garden**  
Pale Lane, Winchfield RG27 8SP

[www.facebook.com/HartsCommunityGarden](https://www.facebook.com/HartsCommunityGarden)  
 [www.instagram.com/hart\\_voluntary\\_action](https://www.instagram.com/hart_voluntary_action)

Hart Voluntary Action Ltd: Registered Charity No: 1119912

## **The Baker Hall, Odiham**

The Baker Hall in Odiham, next to Buryfields School, is a great place for a party. . We can seat 60 people at tables, and the well-equipped kitchen has recently been refurbished to commercial standards. We can accommodate bouncy castles inside the Hall and have an arrangement with a local supplier who can install the castle before the party and clear it away afterwards.



But we don't just do children's parties: other activities and organisations hosted include ladies' yoga, employee volunteering, a graduation celebration (80 people), a children's counselling service and theatrical rehearsals.

For further details email [thebakerhall@gmail.com](mailto:thebakerhall@gmail.com) or make your booking using Baker Hall website

## **Citizen's Advice Hart newsletter**

In this issue, we're focusing on how we support the health and wellbeing of our community. From our Home & Well service to our digital inclusion support, we work alongside partners to remove barriers that can affect both physical and mental health.

As always, our advice remains free, confidential and impartial, supporting individuals and families across the Hart district when they need us most.

**[Read the full newsletter here: https://citizensadvicehart.org.uk/wp-content/uploads/2026/03/Newsletter-March-2026.pdf](https://citizensadvicehart.org.uk/wp-content/uploads/2026/03/Newsletter-March-2026.pdf)**

## **Concord Oddfellows - West Surrey & North East Hampshire Branch**

Feeling at home isn't just about where you live – it's about feeling comfortable, welcome and connected. That's the latest message from Concord Oddfellows, a local social group inviting people in the area to try one of its meetups and discover a ready-made community of friends on their doorstep.

Part of the national Oddfellows friendly society, Concord Oddfellows runs a regular programme of activities within West Surrey and North East Hampshire designed to bring people together and encourage new interests.

Events range from relaxed coffee mornings and lunches to walks, games afternoons and day trips, with no pressure to attend every time.

Tracey Lawson, Social Organiser of Concord Oddfellows, says the group, made up of around 460 members, provides something many people don't realise they're missing. She adds that organised friendship groups play an important role as people move through different life stages.

“Having a reliable group to belong to brings reassurance, routine and connection. It's not just about socialising – it's about feeling supported and part of something local.”

Newcomers are invited to try one of the group's upcoming events, which include our regular “coffee and conversations” in The Oatsheaf, Fleet, The Bush Hotel, Farnham and The West End Centre in Aldershot. We also have regular speakers at our monthly talks in Farnborough; we host a Fleet Dine Around each month and provide food at our popular book club in Fleet. New events include a “short story” book club, Fleet; lunches out in Farnham and Farnborough. We go to the theatre, to museums and to comedy nights.

Steph Hopes, Concord's District Secretary, added: “You don't have to be a member to try us and there's no pressure to sign up straight away. Come and see if our group's for you first.”

Concord Oddfellows is part of one of the UK's oldest and largest friendly societies. It aims to improve people's lives through friendship and support.

As well as social events, Oddfellows members can access a wide range of benefits, including care and welfare support and a travel club. There are also opportunities to volunteer and play a part in fundraising initiatives. Access to online events is also available including chair yoga, quizzes, national coffee morning and interesting speakers.

Membership starts at £10 for Young Oddfellows to age 17, £25 for standard or £35 for extra benefits (which provides help towards optical and dental costs).

For more details visit our website <https://www.oddfellows.co.uk/benefits/> or follow us on Facebook for up to date photos <https://www.facebook.com/ConcordOddfellows/>

To receive a free information pack and a diary of Concord Oddfellows' upcoming events call Oddfellows free membership number on: 0800 028 1810, email [concord@oddfellows.co.uk](mailto:concord@oddfellows.co.uk), or visit [www.oddfellows.co.uk/activities](http://www.oddfellows.co.uk/activities)



## Supporting Families in Our Community: Home-Start Hampshire



At Home-Start Hampshire, we believe that every parent deserves a bit of extra support during those early, challenging years. Being a parent can be overwhelming, and we are here to ensure no one has to do it alone.

### What We Do

We provide a lifeline for families with at least one child under the age of 5. Our support is delivered in two main ways:

- **Home Visiting:** Our trained volunteers visit families in their own homes to provide tailored emotional and practical support.
- **Family Groups:** We run friendly, non-judgmental groups where parents can connect, share experiences, and build their confidence while children play.

### Our Local Groups

We have a variety of sessions running across the area. Whether you are looking for wellbeing support or a chance to meet other local parents, you are very welcome:

Day	Group	Location	Time
Monday	Wellbeing Group	Aldershot Garrison Community Hub	10:00 – 11:30
Tuesday	Families Matter	North Town Community Base, Aldershot	10:00 – 11:30
Wednesday	Mums Matter	Elizabeth Hall, Hook	10:00 – 12:00
Wednesday	Families Matter	Oak Rooms, Farnborough Grange Infant School	<i>Starting in 15th April 2026</i>
Coming Soon	Families Matter	Church Crookham	<i>Launch date TBC</i>

### Get Involved

- **Join a Group:** If you would like to attend one of our groups, please complete our Registration Form Here: [Home-Start Hampshire Group Referral Form](#)
- **Would like home-visiting support:** visit our website for more information [Home Start website](#)
- **Become a Volunteer:** Could you offer a few hours a week to support a family in your community? If you wish to volunteer and help families who may be struggling, please follow our link here: [Home-Start Hampshire - Volunteer Enquiry Form](#)

### Contact Us

Alternatively, if you have any questions or would like more information, please get in touch:

- **Website:** [Home Start website](#)
- **Phone:** 0330 124 2095
- **Email:** [info@hshants.org.uk](mailto:info@hshants.org.uk)

**Rushmoor Healthy Living – Quit Smoking**



# QUIT YOUR WAY.....

BENEFIT FROM FREE SUPPORT  
THAT SUITS YOU.....

**FREE QUIT AIDS**  
**ONE-TO-ONE SUPPORT**  
**ONLINE TALKS**  
**TELEPHONE CALLS**  
**FACE-TO-FACE TALKS**

CONTACT US FOR MORE INFO  
CLASSES@RHL.ORG.UK  
01252 957430



CHARITY NUMBER 1105381

### **Thrive Tribe – RHL**

Are you not exercising at all or for less than 30mins structured exercise? Do you live in Hampshire or are registered with a GP in Hampshire?

With Thrive Tribe, we can offer you 12 weeks of FREE Exercise Classes: Move It or Lose It, Pilates, Yoga or Chair Pilates.

For more information, just email our friendly team: [admin@rhl.org.uk](mailto:admin@rhl.org.uk) or call 01252 957430.

### **Befriending Service – Odiham Cottage Hospital**



Registered Charity No. 1068721

## **Befriending Service**

Odiham Cottage Hospital's Befriending Service is a volunteer led service run and managed by the Hospital and covers the areas of Odiham, Hook, Hartley Wintney and Old Basing and surrounding villages. Our clients are those who have become lonely and isolated due to living with a long-term health condition or are receiving palliative care. All clients are referred to the service through their GP practice, community health team or another medical professional.

The service recruits, trains and supports volunteers who on a weekly basis visit people in their homes, as well as provide befriending via the telephone. Our service operates weekdays between the hours of 9am-5pm and volunteers commit to a maximum of two hours each week.

Clients and volunteers are specifically matched according to their interests, with a view of building a lasting and trusting relationship together. Both our clients and befrienders find they benefit greatly from the relationships that are formed and the service proves to make a real difference in people's lives within the community.

For more information on the service, please contact:-

Tina Birch – Befriending Manager On 01256 393609 Or via email at:

[befriending@odihamcottagehospital.org.uk](mailto:befriending@odihamcottagehospital.org.uk)

**Junction 5 Debt advice**

**Junction 5 money advice**  
Life Church Centre, Elms Road,  
Hook, RG27 9DX

**FREE**  
non-judgemental and confidential advice

We offer advice on:

- Household budgeting
- Credit card bills
- Multiple debt problems
- Negotiations with creditors
- Benefit entitlements
- Planning affordable repayments
- Court proceedings
- Debt relief orders



Doing nothing about debt can lead to legal action. However, we can still help even if court proceedings have been initiated

The sooner you ask for advice, the easier the solution

[advisers@junction5.org](mailto:advisers@junction5.org)

01256 769953

Services are offered by a team of trained volunteers and are available to anyone!

[www.junction5.org](http://www.junction5.org)

## Yateley Industries Updates

### *Accessible Exercise Classes – Yateley Industries*



Improve your fitness with us! We have weekly chair yoga and seated dance classes that are specially delivered for adults who are disabled or struggle with mobility. Chair Yoga is on a Wednesday 4.15 - 5.00, Dance Momentum is on Thursdays 10am - 11am. No equipment or experience needed. No classes in the school holidays.

For more information, please get in touch with Emma or Charlotte at [hub@yateleyindustries.org](mailto:hub@yateleyindustries.org)



### *Yateley Industries Community Cafe*

As a continuation of our warm space, our Community Cafe will be open Tuesday, Wednesday, Friday 10am - 2pm. Yateley Industries Community Café will be open on a Tuesday, Wednesday and Friday 10am – 2pm. Sweet treats and hot drinks available. There will be games and puzzles out on the tables as well. No need to book, just drop by for a drink, sweet treat or get together with other locals. If you're new to the area or just fancy a chat with a friendly face, then pop in from 11am on a Wednesday for our Chatty Table.

We are also looking for Volunteers to help run our cafe, if you are sociable and enjoy being in a cafe environment then please get in touch! [hub@yateleyindustries.org](mailto:hub@yateleyindustries.org)

### *Spaces for Hire – Yateley Industries*

★ Yateley Industries Community Hub spaces for hire! ★ Our rooms are used for a variety of events and occasions - exercise classes, bingo, counselling, meetings, parties, monthly get togethers or weekly courses - to name just a few! From the cosy Aeonian Room to The Great Hall, we have spaces suitable for 2 to 50. To find our more information about the spaces, including pricing please click here: <https://www.yateleyindustries.org/community/spaces-to-hire>

 To view availability or make a booking request, check out our calendar here: [Calenda link](#)

Get in touch with Emma or Charlotte to find out which of our spaces is right for you - [hub@yateleyindustries.org](mailto:hub@yateleyindustries.org)

## **Silent Storms**

Silent Storms is a not-for-profit UK Registered Charity with points of presence at Aldershot, Farnborough and Fleet where Aldershot Enterprise Centre and Farnborough Football Club host sessions on a Monday between 7pm - 9 pm and Fleet Town Football Club will host the sessions on a Thursday between 7pm – 9pm.



<https://www.silentstorms.co.uk>

Directly linked to SilentStorms is StormStriders, a community walking group where information on past and future walks can be found at StormStriders .

SilentStorms sessions are free to attend and gives opportunity for a safe, non-judgemental environment to allow males (18+ yrs of age) who want and need to be heard to share week by week challenges where the Silent Storms Mentors at all locations will be able to provide peer to peer support and also welcome those who just want a friendly and safe space to talk (tea, coffee & biscuits provided).

Silent Storms is always reaching out to all areas of the local communities to have more of a presence within the Military Community where it's fully recognised that a safe space provided by an Organisation such as Silent Storms provides invaluable resource and environment for the community.

If this message reaches out to you, please feel free to bring yourself to the Silent Storms Team at Aldershot, Farnborough (Monday) and Fleet on a Thursday evening – we look forward to meeting with you.

## **NHS Talking Therapies**

NHS Talking Therapies offers several options to support your mental wellbeing. All services are free to people aged 16 years and over.

You can find your service here [Enter the name of your GP surgery - Find NHS talking therapies for anxiety and depression - NHS](#)

NHS Talking Therapies Hampshire covers Hart patients registered with the Whitewater Health and Odiham Healthcare GP surgeries. The service supports people to improve their mental wellbeing through education, guided self-help tools and evidence based talking therapies. NHS Talking Therapies support people with mental health issues like anxiety, depression, obsessive-compulsive disorder (OCD), post-traumatic stress disorder (PTSD), and phobias.

NHS Talking Therapies Hampshire

Telephone 023 8038 3920

Email [hiowh.tth@nhs.net](mailto:hiowh.tth@nhs.net)

Website Talking therapies website

**Fleet Phoenix updates**

*TNS Youth Club – Fleet Phoenix*



TNS is a **FREE** youth club for school year 8 up to and including year 11.  
Come and meet friends, hang out and chill or learn new skills.  
Find out more about things and subjects that affect your life like: drugs and alcohol, sexual health and relationships, in a fun and supportive place.

No pressure; just respect and fun.

Alongside having fun and learning some new skills, our team can offer you support and advice or just a listening ear.

Term Time / Weekly / Tuesday

7-9pm / 12+

The Point Youth Centre, Fleet

For more information please contact  
[lucy@fleetphoenix.co.uk](mailto:lucy@fleetphoenix.co.uk)

[fleetphoenix.co.uk](http://fleetphoenix.co.uk)

Reg'd Charity: 1144057





Every Tuesday  
4.30 - 6.30pm at  
The Point Youth  
Centre, Fleet

## Free Music Tuition for Guitar and Drums



For ages 11 - 19 working to any grade

To book please contact  
lucy@fleetphoenix.co.uk

fleetphoenix.co.uk  
Reg'd Charity: 1144057

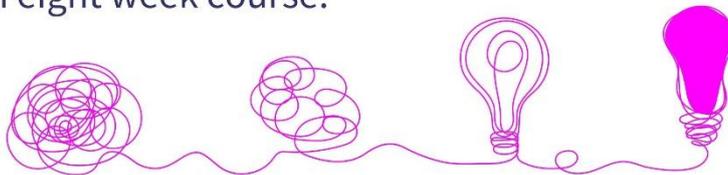


**Anxiety Unwound – Fleet Phoenix**



Anxiety: Unwound is for young people of secondary school age suffering from anxiety. You will learn what anxiety is, coping strategies, how to manage it, and overcome fears.

We offer a warm, welcoming, safe and confidential space, where the project will be delivered in a small group setting across an eight week course.



**Term Time | Weekly | Thursday | 4 - 5pm**

The Point Youth Centre, Fleet

For more information, please contact

info@fleetphoenix.co.uk

fleetphoenix.co.uk



## **Supporting Families Affected by Eating Disorders and Mental Illness**

My name is Veronica Kamerling. I am a mother, a long-term carer, with more than 23 years' experience supporting families affected by eating disorders and serious mental illness.



My work began through personal experience. Both my daughters had an eating disorder — one had anorexia, the other had bulimia and binge eating disorder and they are now in recovery. At the same time, I was caring for my brother who lived with schizophrenia. Those years were challenging and often isolating, but they also shaped my understanding of the vital role families play in recovery.

I founded Eating Disorders & Carers, a service dedicated to providing guidance, mentoring, and a safe space for those supporting a loved one with an eating disorder or serious mental illness. I now work with individual carers, community groups, and professionals, offering lived insight alongside practical strategies to strengthen family involvement in recovery.



I have been honoured to receive a national award from Beat (formerly the Eating Disorders Association) for my contribution to the field of eating disorders, and in 2013 I was named Carer Contributor of the Year by the Royal College of Psychiatrists.

If you are a local carer seeking support, a professional wishing to better understand the family perspective, or an organisation looking for a speaker, I would be very pleased to connect.

For support, training, or speaking enquiries:

Email: [veronica@eatingdisordersandcarers.co.uk](mailto:veronica@eatingdisordersandcarers.co.uk)

Website: [Eating disorders website](#)

Phone: 07733 260475

### **End notes**

Thank you to everyone who contributed information for this issue of the Here for Hart Bulletin. If you have found this bulletin useful, have a suggestion or an idea for content for the next issue, we would love to hear from you. Please email us at [hereforhart@hart.gov.uk](mailto:hereforhart@hart.gov.uk) If you would like printed copies of this bulletin for distribution, please email [hereforhart@hart.gov.uk](mailto:hereforhart@hart.gov.uk)

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