



Dementia Support in Hart

For financial, emotional and social support near you.

INTRODUCTION

Being diagnosed with dementia, or starting to care for someone with dementia, can be a very daunting prospect. You may feel worried and isolated or be concerned about how you will cope financially.

This leaflet has been produced by Hart District Council to provide you with the following information:

- understanding what care needs you can get assistance with
- what financial help you may be able to access
- who can help you fill out forms
- who you can talk to about your worries
- local social and support groups for dementia sufferers and their carers

ASSESSING NEEDS

Care Needs Assessments

An assessment for care tells you what needs the person with dementia has, and what needs you may have as a carer. This care may be partly or completely paid for by your local council, or you may have to pay for this care and support yourself. The care needs assessment will help you find out what care is needed and how it will be paid for.

There are a number of ways you can request an assessment:

- Contact Hampshire County Council Adults' Health and Care
- Via your GP, social prescriber or other health care professional
- Your local befriending service may be able to help
- Citizen's Advice Hart can help you request an assessment

See the **CONTACTS** page below for details.

FINANCIAL HELP

There is a wide range of benefits and payment reductions that you, as a carer or as a dementia sufferer, may be eligible for. For help filling out form, please see the **CONTACTS** page.

Attendance Allowance

Attendance Allowance can be claimed by someone who has a disability, is over the pension age and needs supervision or help with personal care.

To request a copy of the application form call the Attendance Allowance Helpline on 0800 731 0122

PIP (Personal Independent Payment)

PIP can be claimed by someone who has care or mobility needs and are under pension age.

Carer's Allowance

Carer's allowance is a benefit that can provide extra support to people who spend at least 35 unpaid hours per week looking after (or supervising) someone else. Receiving this allowance is dependent on your receiving other certain benefits and is only available to those under state pension age.

Help with Housing Costs

You may qualify for help with your housing costs, including Council Tax, support for mortgage interest or housing benefit, if you are on a low income or receiving certain benefits.

Universal Credit

You or the person you care for may be able to get Universal Credit if you're on a low income or need help with your living costs and are under state pension age.

Pension Credit

Pension Credit may be available to you, or the dementia sufferer you care for, if you claim state pension but it is not enough for you to live on.

CONTACTS

Hampshire County Council Adults' Health and Care

Telephone 0300 555 1386

Mon: 8.30am-5.00pm / Tues-Thurs 9.30am-5.00pm / Friday 8.30am-4.30pm

Online help request form:

www.hants.gov.uk/socialcareandhealth/adultsocialcare/contact/public-referral

Age Concern Hampshire's Community Information Volunteers

Age Concern Hampshire's Community Information Volunteers (previously known as Village Agents), can help you find the support you need and help fill out forms.

Hook: call Elspeth on 07851 770679.

Crandall and Ewshot: call Tony on 07543 294591

Blackwater: call Jeff 01256 609874.

For more information call Age Concern Hampshire on 01962 868545 or email

communityinfo@ageconcernhampshire.org.uk

Citizens Advice Hart

Citizens Advice Hart can provide advice and support, including initial benefits assessments and help requesting and filling in forms. They can also help with a care needs assessment.

Telephone 01252 878435 or fill out their online advice request form:
citizensadvicehart.org.uk/contact

Carer Support and Dementia Advice Service for Hampshire

Information and support for people with dementia and memory problems and their carers.
Referral by GP, other professionals or self-referral.
Telephone 01264 332297 or email enquiries@andovermind.org.uk

Dementia UK Admiral Nurse Helpline

A free helpline providing advice and support. Admiral Nurses can help you understand the condition and feel more in control, giving you the tools and the confidence to manage your future with dementia together – one step at a time.
Open Monday to Friday 9am to 9pm and Saturday to Sunday 9am to 5pm.
Telephone 0800 888 6678 or email helpline@dementiauk.org. More information at www.dementiauk.org

Alzheimer's Society

Support, information and advice for anyone affected by dementia. They can help you understand which benefits you may be entitled to and how to claim.
Self-referral or by GP or other professionals.
Telephone 01256 363393 / 01276 670071
Email basingstoke-district@alzheimers.org.uk or blackwater@alzheimers.org.uk
National Helpline Telephone 0333 150 3456

Dementia cafes, support groups and singing groups

Dementia cafes are a relaxed, supportive place for carers and dementia sufferers to meet other people in a similar situation. Refreshments, games and activities are available.

Hartley Wintney, Forget Me Not Café

When: Tuesdays 2pm-4pm

Where: St John's Church, Fleet Road, Hartley Wintney, RG27 8ED

Odiham, Sunflower Café

When: Wednesdays 2.00pm-4.00pm.

Where: The Old School, London Road, Odiham, RG29 1AJ

Details: email coordinatorsunflowercafe@yahoo.com

Heckfield, The Bluebell Café

When: Fridays 2pm-4pm

Where: Holdshott Farm, Next to Rosie's Tea Room, Heckfield, Hook, RG27 0JZ

Details: telephone 01189 326266

Yateley at Darby Green, The Daisy Chain Café

When: Mondays 2.30pm-4.30pm

Where: Darby Green Centre, Darby Green Road, GU17 0DT

Details: email daisychaincafe1@gmail.com or telephone Yateley Town Council on 01252 872198

Fleet, Memory Lane Singing for the Mind

A fun sing-a-long group for people with dementia or memory loss.

When: Tuesdays 2.15pm – 3.30pm.

Where: Side hall, Catholic Church of our Lady, 32 Kings Road, Fleet, GU51 3ST

For more information: Contact Paul Tickner for more information via telephone 01252 614344 or email: ptickner97@gmail.com

Hartley Wintney, Singing for the Mind

Based around the principles of music therapy, the stimulating sessions include vocal warm-ups and singing a wide variety of familiar and new songs.

When: Wednesdays, with refreshments served from 1.30 pm and singing from 2pm and 3pm.

Where: For location details and more information telephone the Hartley Wintney Voluntary Care Group on 0845 5190855.

Fleet, Carer Support Group

The Andover Mind Carer Support Group

When: Monthly on Thursdays, 12 noon – 2pm

Where: All Saints Church Community Centre, Church Road, Fleet, GU51 4NB

For more information: telephone 01264 332297 or email enquiries@andovermind.org.uk

HOME SAFETY ADAPTATIONS

Disabled Facilities Grants

A Hart District Council service that provides specialist help and advice about grants and loans for home improvements, repairs and adaptations for older, vulnerable and disabled people. They can also help with forms and paperwork and tell you about other services in your area.

If you want to find out more, please call the Disabled Facilities Grant Caseworkers at Hart District Council on 01252 774111 or email housing@hart.gov.uk. We are here to help.

EMERGENCY PLANNING SERVICE

The Princess Royal Trust for Carers in Hampshire

The service is a dedicated team providing free support to discuss, develop and implement an emergency plan should you, as a carer, become unable to look after the dementia sufferer. Up to 48hrs free care may be available for the person you care for in the event of an emergency.

Telephone 0800 169 1577

This information was last updated in November 2022.

If you would like printed leaflets containing this information, please email hereforhart@hart.gov.uk

Disclaimer: Whilst every care has been taken in the compilation of this information, Hart District Council will not be held responsible for any loss, damage or inconvenience caused as a result of using this leaflet and of any inaccuracy or error within it. Please note that information, websites and services are suggestions only and are not endorsed by Hart District Council.