

TEACHING POOL PROGRAMME

MONDAY 21st APRIL - SUNDAY 27th JULY 2008

	MON	TUE	WED	THUR	FRI	SAT	SUN	
7								7
8								8
9	PRE SCHOOL LESSONS	SCHOOLS	SCHOOLS	SCHOOLS	PRE SCHOOL LESSONS	COURSES	FAMILY MORNING	9
10		PUBLIC PARENT & BABY SESSION		PRE SCHOOL LESSONS	PUBLIC PARENT & BABY SESSION			10
11							11	
12								12
1		PRE SCHOOL LESSONS			PRE SCHOOL LESSONS			1
2								2
3	TODDLERS SPLASHTIME					TODDLERS SPLASHTIME		3
4		COURSES						4
5						COURSES	HERON'S DISABLED CLUB	5
6							COURSES	6
7	COURSES					PRIVATE HIRE	PRIVATE HIRE	7
8	WATER WORKOUT	WATER WORKOUT						8
9		ADULTS ONLY	LADIES ONLY					9
10								10
	10:30							10:30

PUBLIC SESSION FOR GROUP INDICATED

PUBLIC SWIMMING

EXCLUSIVE TO INDICATED GROUP

- Please note that the timetable will change during half term, Monday 26th May to Sunday 1st June 2008.
- In the interest of safety children under 8 years of age must be accompanied by a responsible adult in the swimming pool.
- During public swimming sessions, there is usually one lane reserved for lane swimming.
- At various times one lane of the pool may be used by a school.
- Please note that the times may vary.
- Splash Session on the 1st weekend of the month will be an inflatable session for those aged 8 years and above and able to swim 10 metres confidently.

NATIONAL ISRM GUIDELINES FOR SWIMMING POOL CHILD ADMISSION DURING PUBLIC SWIMMING SESSIONS

TEACHING POOL

UNDER 4 YEARS 1 ADULT TO 2 CHILDREN
 4-7 YEARS 1 ADULT TO 3 CHILDREN

FOR THE PURPOSE OF THESE GUIDELINES A RESPONSIBLE PERSON IS AGED AT LEAST 16 YEARS