



Hart Herons (Disabled) Swimming Club

Calling all water lovers. Come and join the Hart Herons for a fun swim with all the family. Toys and play mats for the young at heart or a quiet lane for those who enjoy a tranquil swim. At the end of the session, join us for refreshments and a chat in a friendly atmosphere.

We always have water helpers to assist you if required and a hoist available for easy access to the water.

Other social gatherings arranged, BBQ, skittles, boat trips, canoes and a Christmas party.

Just turn up at the Hart Leisure Centre Sundays 5.00 to 6.10 or call Carole Johnson on 01252 842859. You are assured of a warm welcome at all times.